



The Christmas Eco Fair is getting closer...7th December!

Excitement is growing...which design will win the Christmas Container Competition? And now...which class will design the best recycled T shirt or jumper for their teacher?

It's the Christmas Eco Fair

What better way to buy gifts for Christmas than to buy a gift which is kind to the environment?

The whole school are busily designing and making a whole range of gifts for our very special Eco fair, which celebrates its third year on Thursday 7th December. Miss Caluya writes:

Our annual Christmas Eco Fair will be held in the hall on Thursday 7th December. The children are busily crafting Christmas decorations made from recycled materials to sell.

Parents and carers are welcome to come along after school to buy the children's crafts as well as Christmas themed goods that PFOS will offer.

We will also be holding the Christmas Container Competition again this year, however other suitable plastic, cardboard or tin containers should be used other than tin cans please.

There was so much creativity seen last year and we can't wait to see what this year's competition will bring.

We look forward to seeing you on Thursday...

PFOS Support Who remembers all the gorgeous things that PFOS created last year with a Christmas theme?

You can choose from:

- reindeer food
- reindeer noses (Maltesers)
- elf noses (lollies)
- hot chocolate cones
- chocolate brownie/gingerbread/smarties cookie mixes
- origami Christmas star kits
- Christmas books
- personalised Christmas baubles
- 'Santa stop here' signs and refreshments AS WELL!

It will be great fun!

Children will be able to buy from 2pm in the hall; families may join the children after school pickup.

Before Christmas everyone needs a good night's sleep...

This morning we had an excellent workshop all about sleep.

Key messages

Children's average sleep needs:

7 years- 10 ½ hours

8 years- 10 ¼ hours

9 years- 10 hours

10 years- 9 ¾ hours

11 years- 9 ½ hours

Good sleep hygiene measures to take during the day:

Regular exercise and time outdoors each day

Avoid naps after 3 pm

Turn off TVs, mobile phones and game consoles **an hour before bedtime.**

Tips for a new routines (which can take two weeks to establish)

Consistent messages

Wake your child up at the same time every morning

Use of computers, game consoles, TVs and mobile phones

Relaxing activities

Give your child a warning as bedtime approaches

Use calming music

Read your child a bedtime story.

Say goodnight and leave your child to go to sleep by themselves-

Write down the routine if appropriate

This is just part of the presentation, it is available on our website.

We hope it is helpful.

Christmas Concert

On Thursday 14th December, after school from 3.45-4.30pm, we will have the Holy Trinity Christmas Concert. The choir and those who we know have instrumental lessons have already been invited to perform, but if there are any musicians we don't know about who would like to perform too, please contact Mrs Smith as soon as possible. Come

Golden Book

Year 3: Maggie McArthur, Cormac Watson, Evie Bramble and Jaliyah Ansong for excellent narrative writing and Eva Zarour for trying really hard in maths

Year 4: Alice Donnelly, Georgia Jones, Finley Taylor-Smith and Abigail Taylor for an amazing PHSE poster and Evie Clubb for being an engaged learner and contributing to every lesson. Lauren Varney for being a kind, considerate and helpful member of the class and Ronnie Start Beauchamp for working independently in maths. Connor Dryden-Hyland and Matthew Black for improved

focus in maths and a fantastic attitude to learning. Noura Haq, Zeyad Barghout, Georgia Jones and Melanie Lai for excellent work in History. Olivia Skelton, Katie Ireland, Aaron Rice and Annabelle Bullock for a clear success criteria in maths.

Year 5: Courtney-May Hartnup and Aren Akirinde for their great English homework and Dominic Bayles for great Roman numeral resilience. Lola Wilkin, Bradley Harding, Henry Merivale, Lara Colborn, Imogen Williams, Mary Coker, Aaron Osagie, Olive Fairclough, Megan Cole, Muskan Chib-

ba, Jaydan Griffiths, Jaiden Man, Thushara Ganeshalingam, Nicole Choong and Aimee-Louise Causon for their brilliant, descriptive writing for the setting of the highwayman. Charley Miles and Tharuka Thayaparan for writing a lovely, creative piece of work linked to the highwayman and Bruklin Velia for trying really hard in his maths and English work.

Year 6: Harvey Hewitt for incredible effort and detail in his homework about North America. He has worked incredibly hard and his research is very in depth.

Well done Everyone!

Thinking Board

Reflective question:

Who would you most like to hang out with?

God, friends and family- Izzy year 4 Spruce

What's peace?

Peace is when it's quiet and nice - Evie year 4 Oak

What are the qualities of a good friend?

Nice, kind, listen to, selfless.- Lauren year 4 Oak

No one guessed the mystery picture.

Is there more space or more objects in the world?

If you were a teacher, what lesson would you teach?

Other news...

along, listen to Christmassy songs, join in with some Christmas Carols and get yourself in the Christmas spirit!

Oak class assembly

Wow! Oak class led us through what's happening in history since the Romans left, sharing their history key skills (along with wonderful acting!) Then they showed us how much they had been developing their language and writing skills. They explored the characteristics of heroes, then Christian heroes, finally introducing some Rock stars live on stage! It was a wonderful assembly, where everyone spoke out very clearly and distinctly. Well done Oak class.

Netball news

On Tuesday, Holy Trinity fought hard against High View Primary in an away netball match. Despite our efforts, Team A unfortunately lost against the opposing team. On the other hand, Team B were victorious. On Thursday, Holy Trinity played their best against St. Mary's and it was a very close result. It was a difficult match for Team A; the opposing team having had tall players. However, it was another win for Team B. After playing for almost a term, we can see the improvement and the skill that we have gained. By Olivia Baddeley and Connie Baillie. Well done team! Great progress! Our thanks to Miss Lohendran and Miss Alexander.

Sutton Central library will be closed for 3 months from Monday 13th November, due to being refurbished. All other libraries will be open as usual. Wallington and Cheam libraries will also be open on a Monday during the closure of Sutton library.

Nasal Flu Spray

Year 3 and 4 will have their Flu Nasal Spray on Friday 8th December in the afternoon. We will contact you as a reminder once again approximately 72 hours before this to double-check if there is any reason to change consent, e.g. if a child's medication has changed.

Infectious illness: Please make sure that you inform the office if your child has an infectious illness such as chicken pox, measles, slapped cheek.

ECOLOGICAL—Carshalton's festive fun for all the family tomorrow 2nd December 12noon—6pm. Father Christmas will be at Honeywood museum with magic shows, craft stalls and more and children can explore the Winter Wonderland Trail at the Ecology Centre from 1-4pm. Carshalton Village has bands, hog roast and Christmas lights switch on at 4pm.



Inset days for 17-18
Wednesday 3rd January 2018
Friday 25th May 2018
Monday 23rd July 2018

Class assemblies this term

Pine 15th December
Class assemblies are from 10.50a.m.—11.10a.m. and parents are welcome.

Year 3 will lead the Christmas service in Holy Trinity church on Monday the 18th of December at 2p.m.

Please note that our last day of term is Wednesday, 20th December at 1pm

PLEASE DONATE YOUR UNWANTED GLASSES WHICH COULD HELP VISION AID OVERSEAS

Holy Trinity Church are collecting unwanted glasses, so please bring them in to school where we will collect them up for the church—there is a box in our reception area. Thank you

In Church - You are welcome to attend the services in Holy Trinity, St Patrick's or Springfield church on a Sunday morning—all of which start at 10.30a.m. and St Patrick's also have a family service at 4pm

Reminders

Lateness in the morning and at pick-up Every minute of the day is carefully planned to maximise learning opportunities. Please make sure that children arrive at school on time. There are children who are also persistently late being picked up. Parents will now be sent a warning letter if their child is collected after 3.45pm. After three warning letters, reminding of the system, a fine of £5 will be charged to parents on ParentPay. This will offset staff supervision costs.

LOST PROPERTY Please name all of your children's belongings and come in and look for items your child has lost before or after school—located in the corridor outside Elm class

Illness: Please remember that if children are ill with sickness or diarrhoea they must not return to school until 48 hours after ceasing to have these symptoms. We are also reminding children about the importance of hand washing. Thank you for your co-operation.

IMPORTANT: medicines must not be sent into school with children under any circumstances. If your child needs to take medicine during the day, please bring it to the office with a completed medicine form. This form can be downloaded from our website or obtained from the office.

NUTS—please note that nuts should not be sent in to school under any circumstances since we have children who are very sensitive to them and can have severe allergic reactions.
Healthy snacks—please can children bring only fruit for snacks at play time. Thank you.

Newsletters

The newsletter comes out every Friday and will go on the school website for you to look at. All copies of letters also go on the website.

Tissues and glue Please can all children bring their own named glue stick to school and a box of tissues. Many thanks for your help. It would be a big help to the stock and budget, benefitting everyone. Thank you.

Swimming—Oak class are still in need of helpers to walk to Westcroft on Tuesdays at 2pm. Please let the office know if you can help. Thank you

NB Dogs must not be brought on to the school site