

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring Silver Menu 2018

Egg Free

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Macaroni Pastitsio	Chicken Chow Mein with Rice	Roast Pork * with Roast Potatoes and Gravy	Beef Cobbler with New Potato	MSC Breadcrd Fish with Chips, Tomato Sauce
Week 1	Vegetarian	Jacket Potato with Baked Beans & Cheese	Lentil & Sweet Potato Curry with Rice	Vegetarian Wellington with Roast Potato	Jacket Potato with Tuna	Jacket Potato with Baked Beans & Cheese
01-Jan						
22-Jan						
19-Feb						
12-Mar						
	Dessert	Wholemeal Peach Crumble & Custard Fresh Fruit Yoghurt	Fruit Yoghurt and Shortbread Fresh Fruit Yoghurt	Fruit Salad Yogurt	Fresh Fruit Yoghurt	Apple Flapjack Fresh Fruit Yoghurt
Week 2	Main	Pork Sausages * with Mash & Gravy		Roast Turkey * with Roast Potatoes & Gravy	Lamb Lasagne	MSC Battered Fish Chips, Tomato Sauce
Week 2	Vegetarian	Vegetable Wholemeal Pasta Bake	Vegetable Pasty with New Potatoes	Mixed Vegetable Loaf with Roast Potato	Lentil & Vegetable Curry with Rice	Jacket Potato with Baked Beans & Cheese
08-Jan						
29-Jan						
26-Feb						
19-Mar						
	Dessert	Fresh Fruit	Fresh Fruit Yoghurt	Oaty Cookie with Yoghurt Fresh Fruit	Apple & Raisin Strudel with Custard Fresh Fruit Yoghurt	Fresh Fruit Yoghurt
Week 3	Main	Beef Burger with Oven Baked New Potatoes	Turkey & Leek Pie with Mash Potato Topping	Roast Chicken * & Stuffing with Roast Potatoes and Gravy	Beef Tortilla Stack & Rice	MSC Salmon Fish Fingers with Chips, Tomato Sauce
Week 3	Vegetarian	Chick Pea Aloo Chaat with Rice	Mixed Bean Cassoulet with Mash Potato	Bean & Vegetable Hotpot with Roast Potatoes	Macaroni Cheese with Topped Tomato	Jacket Potato with Baked Beans & Cheese
15-Jan						
05-Feb						
05-Mar						
26-Mar						
	Dessert	Fresh Fruit Yoghurt	Wholemeal Mixed Fruit Crumble with Custard Fresh Fruit Yoghurt	Jelly with a Side of Mandarins Fresh Fruit Yoghurt	Chocolate Cookies with Yoghurt Fresh Fruit	Fresh Fruit Yoghurt

Available Daily

