

Holy Trinity Spring Menu 2020



Monday

Tuesday

Wednesday

Thursday

Friday

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese	Pork Sausages in a Roll,* with Jacket Wedges	Roast Chicken * with Stuffing, Roast Potatoes and Gravy	Chicken Stir Fry * with Noodles or Rice	MSC Fish Fingers with Chips
Option 2	Lenfil and Sweet Potato Curry with Rice	Linda McCartney Sausages in a Roll with Jacket Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Sweet & Sour Vegetables with Noodles or Rice	Cheese and Tomato Quiche with Chips
Vegetables	Cauliflower Green Beans	Sweetcorn Broccoli	Carrots Cabbage	Roasted Vegetables Sweetcorn	Baked Beans Peas
Dessert	Mixed Fruit Crumble with Custard Yoghurt or Fresh Fruit	Fresh Fruit and Yoghurt Station	Apple Flapjack Yoghurt or Fresh Fruit	Pear & Raisin Upside Down Cake with Custard Yogurt or Fresh Fruit	Orange & Lemon Shortbread with Mandarins Yoghurt or Fresh Fruit
Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese and Tomato Pizza with Wedges	Lamb Lasagne * with Garlic Bread	Roast Beef * with Roast Potatoes and Gravy	Mediterranean Chicken* with Couscous	MSC Fish in Batter with Chips
Option 2	Mexican Beans Roll with Jacket Wedges	Linda Mc Cartney Sausages with Mash and Gravy	Quorn Roast with Roast Potatoes and Gravy	Vegetarian Chilli with Rice	Cheese and Pepper Frittata with Chips
Vegetables	Sweetcorn Broccoli	Peas Cauliflower	Carrots Green Beans	Sweetcorn Broccoli	Baked Beans Peas
Dessert	Banana Sponge with Custard Yoghurt or Fresh Fruit	Fresh Fruit and Yoghurt Station	Oaty Cookie with Peaches Yoghurt or Fresh Fruit	Chocolate and Apple Sponge with Chocolate Sauce Yoghurt or Fresh Fruit	Mandarins with Ice Cream Yoghurt or Fresh Fruit
Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Tomato Pizza with Jacket Wedges	Beef Burger * in a Bun with Jacket Wedges	Roast Pork / Gammon* Roast Potatoes and Gravy	Chicken Tikka Masala* with Rice	MSC Salmon Fish Fingers With Chips
Option 2	Quorn Bolognese with Spaghetti	Quorn Burger in a Bun with Jacket Wedges	Vegetable Pasty with Roast Potatoes and Gravy	Vegetable Pasta Bake	Vegetable Enchilada with Chips
Vegetables	Sweetcorn Broccoli	Baked Tomatoes Baked Beans	Carrots Diced Swede	Green Beans Cauliflower	Baked Beans Peas
Dessert	Oaty Pear Crumble with Custard Yoghurt or Fresh Fruit	Fresh Fruit Salad Yoghurt or Fresh Fruit	Fruity Shortbread Yoghurt or Fresh Fruit	Peach Upside Down Cake with Custard Yoghurt or Fresh Fruit	Fresh Fruit and Yoghurt Station

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

* On the menu indicates a Halal option is also available on that day