



Empowering Parents Empowering Communities



Are you the
parent/ carer of
a primary school
age child?



Join us online on **Monday
21st September
2020 at 10am** to find
out more about the training
we will be running this term!

Email us at
SuttonCWP@swlstg.nhs.uk
and we will send you the link.

Would you like to
become an EPEC
group leader?

Online training will
commence on 8th October for
10 weeks (not incl. half-
term) from 10am – 12.30pm.

Become a EPEC Group Leader

Empowering Parents, Empowering Communities (EPEC) is a successful, popular, unique parenting approach. EPEC is *for* local parents, *led by* local parents. As an EPEC parent group leader, you will:

- * Receive an amazing free training and support from our local EPEC team.
- * Learn to lead practical, caring groups for local parents.
- * Share tried and tested methods that give children the best start in life.
- * Join a group of like-minded parents to make a difference to your local community.
- * Develop your skills and confidence.
- * Gain experience that will help you fulfill your ambitions.
- * Email SuttonCWP@swlstg.nhs.uk and we will send you the link to join the meeting on 'Teams'

