



## **Relationships and Health Education**

**New legislation will come into force in September 2020 making it compulsory that we teach Relationships and Health Education in primary schools (RHE) and Relationships, Sex and Health education in secondary. (RHSE)**

**1. Teaching about relationships, including the science content, will be taught sensitively and inclusively, in an age appropriate manner, with respect to the backgrounds and beliefs of pupils and parents whilst aiming to provide pupils with knowledge of the law.**

**2. Children are now starting puberty much younger than before. Teaching about the human life cycle is taught as part of the science curriculum at key stage 2. This includes the teaching of the changing adolescent body in a timely way to ensure children and young people are prepared for changes they will experience before they happen.**

**3. The science curriculum at key stage 2 will include human reproduction. Discussion of human reproduction in an RHE context provides opportunities to set this learning in the context of meaningful and respectful relationships, personal values, health and safety.**

**5. Parents/carers will not be able to withdraw their child from Relationships or Health Education or any part of the science curriculum, including lessons about reproduction and human development.**

**4. Parents/carers are partners with the school in this important area of education, helping to keep children safe and supporting them to thrive. We will liaise with parents/carers and offer opportunities to find out the content that is in the curriculum, to see examples of materials we will use and to ask questions and share any concerns and to talk about their own values, experiences and perspectives.**

6. As a Christian school, we emphasise as one of our values that each person has dignity; all human beings are made in the image of God. The Southwark Diocese states that we believe that we are all loved by God regardless of gender, age, ethnicity, ability or sexuality.

7. Pupils will be taught that British society values diversity and that all families deserve respect. Families are characterised by love and care, even though this may be expressed through different traditions and values.

8. We share what the Bible teaches and what the Church of England states: that marriage is a lifelong union between a man and a woman and that intercourse is an act of total commitment which belongs properly within marriage. We recognise the variety of views on this sensitive subject and note that this policy needs to be read in conjunction with the values and considerations in our anti-bullying policy and equalities policy.

9. We ensure that children understand what British laws state about sex and marriage. Our aspiration is that we will lay the foundations for children to come to a full and mature understanding of the importance of marriage, commitment and meaningful relationships as effective building blocks for a community in which individuals love, respect and care for themselves and others.

### The Aims of RHE at Holy Trinity School

- ◆ We recognise the role and support of parents in helping to answer issues relating to relationships education.
- ◆ To promote self-esteem and the feeling of self-worth in a reassuring environment.
- ◆ To equip children with information to make informed choices about their relationships, health and behaviour.
- ◆ To reinforce understanding of how the school's values of Love, Integrity, Dignity, Confidence and Learning are integral in Relationships and Health Education.
- ◆ To enable children to understand how modern British law, the Bible and the Church of England may have different views on Relationships.
- ◆ To enable children to understand the processes of life as determined by the National Curriculum, with particular references to health and reproduction.
- ◆ To support children in their awareness of being safe and assessing risk
- ◆ Teaching children how to be safe online.