

Autumn Menu 2021

-  Added Plant Power
-  Vegan
-  Wholemeal

Monday

Tuesday











Wednesday

Thursday

Friday












Week One

30/08
20/09
11/10
08/11
29/11

Option 1	Macaroni Cheese	Pork Sausages * with Potato Wedges	Roast Chicken * with Stuffing, Roast Potatoes and Gravy	Beef Lasagne * with Garlic Bread 	MSC Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Vegetable and Bean Fajitas with 50/50 Rice  	Vegan Sausage with Potato Wedges 	Vegetable Wellington with Roast Potatoes and Gravy 	Tomato and Lentil Pasta with Garlic Bread 	Homity Pie with Chips
Vegetables	Broccoli Carrots	Baked Beans Sweetcorn	Cauliflower Green Beans	Roasted Vegetables Sweetcorn	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard 	Oaty Cookie  	Fruit and Yoghurt Station	Mandarin Jelly 	Carrot & Courgette Cake with Custard








Week Two

06/09
27/09
18/10
15/11
06/12

Option 1	Cheese and Tomato Pizza with New Potatoes 	Macaroni Beef * Pasta Bake	Roast Gammon * with Roast Potatoes and Gravy	Mediterranean Chicken Stew * with Rice  	MSC Fish Fingers with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous 	Roasted Cauliflower Curry with Rice  	Roasted Quorn with Roast Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips 
Vegetables	Sweetcorn Broccoli	Peppers Carrots	Carrots Cabbage	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard 	Chocolate Shortbread 	Fruit and Yoghurt Station	Peach Upside Down Cake with Custard	Apple Flapjack  

Week Three

13/09
04/10
01/11
22/11
13/12

Option 1	Vegetarian Tortilla Stack with Rice 	Beef Burger * with Wedges	Roast Beef * with Roast Potatoes and Gravy	Chicken *, Lentil and Gravy Pie with Mashed Potatoes 	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice  	Shepherdess Pie with Gravy 	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake 	BBQ Quorn with Chips
Vegetables	Broccoli Sweetcorn	Baked Beans Carrots	Garden Peas Cabbage	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Rice Pudding with Mixed Berries	Apple Cake with Custard	Pinwheel Cookie	Chocolate Cake with Chocolate Sauce	Fresh Fruit Salad 

Available Daily:

- Freshly cooked Jacket Potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

*** HALAL OPTION AVAILABLE**