

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

30/10/2023
20/11/2023
11/12/2023
15/01/2024
05/02/2024
04/03/2024
25/03/2024

Option one	Cheese and Tomato Pizza	* Beef & Bean Burger in a Bun with Potato Wedges	* Roast Pork, Stuffing Roast Potatoes & Gravy	* Spaghetti Bolognaise	MSC Fishfingers with Chips & Tomato Sauce
Option two	NEW Chef Mariam's Vegetable Couscous	Vegan Burger in a Bun with Potato Wedges	Veg Wellington, Stuffing, Roast Potatoes & Gravy	Veggie Bolognaise	Cheesy Bean Pasty with Chips & Tomato Sauce
Vegetables	Sweetcorn Roasted Peppers	Roasted Tomatoes Green Beans Fruit Jelly with Mandarins	Cabbage Peas	Broccoli Carrots	Baked Beans Peas
Dessert	Lemon Drizzle		Fresh Fruit Salad	Apple Cake with Custard	Chocolate Orange Cookie with Yoghurt

WEEK TWO

06/11/2023
27/11/2023
18/12/2023
22/01/2024
19/02/2024
11/03/2024

Option one	Macaroni Cheese	* Sausages with Potato Wedges	* Roast Chicken with Roast Potatoes and Gravy	* Chicken Korma with Rice	MSC Salmon Fishcakes with Chips & Tomato Sauce
Option two	Veggie Sausages with New Potatoes	Cheese & Onion Quiche with Potato Wedges	Roast Quorn with Roast Potatoes and Gravy	Veggie Meatballs in Tomato Sauce with Rice	Cheese Omelette with Chips & Tomato Sauce
Vegetables	Roasted Peppers Green Beans	Sweetcorn Roasted Vegetables	Carrots & Peas	Broccoli Swede	Baked Beans Peas
Dessert	NEW Carrot Cake	Apple Crumble with Custard	Ice Cream with Peaches	Chocolate Drizzle Cake with Chocolate Sauce	Vanilla Shortbread with Yoghurt

WEEK THREE

13/11/2023
04/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024

Option one	Creamy Tomato Pasta	* Mexican Beef with Rice	* Roast Beef with Roast Potatoes and Gravy	* Chicken Pie with New Potatoes	MSC Fishfingers with Chips & Tomato Sauce
Option two	Sweet Potato & Spinach Flan with Couscous	Vegetable Fajitas with Rice	Veggie Sausages with Roast Potatoes and Gravy	Lentil & Sweet Potato Curry with Rice	BBQ Quorn Fillet with Chips
Vegetables	Roasted Vegetables Sweetcorn	Green Beans Roasted Tomatoes	Cauliflower Peas	Broccoli Carrots	Baked Beans Peas
Dessert	Iced Sponge	Ice Cream with Peaches	Fresh Fruit Salad	Melting Moment Biscuit with Yoghurt	Peach Upside Down Cake with Custard

MENU KEY

Added Plant Power Wholemeal Vegan Chef's Special * Halal Alternative Available

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection

Allergy Information

If your child has an allergy or intolerance please contact the School Office. You will be asked to complete the Caterlink special diets allergy form and provide NHS medical evidence of the allergies or intolerances before your child can receive a school meal. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.