

## Holy Trinity Church of England Junior School

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Headteacher: Mrs S Gruffydd



**Exemplary education for all, through God's amazing grace**

**Learning, Integrity, Dignity, Love, Confidence.**

**Learning** together, as we journey with God in **Love**, we act with **Integrity**, treat others with **Dignity** and grow in **Confidence**.

May 2026

Dear **Year 5** Parents and Carers,

In Summer 2, we will be moving onto the area of the curriculum, which children in Year 5 have already touched on in Science, relating to Animals including humans. In Year 5, this topic covers the human life cycle from birth to old age and details the following aspects:

- Reproduction in plants and animals
- Puberty of males and females
- Parts of the body (organs)
- How a human baby is conceived
- Gestation period
- Life cycle from birth to old age

We also look at how the body develops preparing the children for changes as they grow, drawing on the knowledge of the human life cycle. This knowledge is also tied into our Relationships and Health Education curriculum which also requires us to discuss key facts of puberty (including the changing adolescent body, menstruation) and conception.

This learning involves developing an understanding of changes for both male and females – reassurance of bodily changes, exploring feelings about this and how to look after yourself. This does involve the use of scientific diagrams of male and female reproductive organs.

In Year 5, children will learn about how conception happens in a scientific and factual way.

All of the content will be scientific and in lessons any discussion will remain strictly within the limits of the curriculum content stated above. Any questions children have that are not related to those objectives will be referred back to parents.

If you have any further questions about this, please contact Miss Clark (RHE coordinator) or your child's class teacher.

Yours faithfully,

**Year 5 team**



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