

Holy Trinity Church of England Junior School

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**Exemplary education for all, through God's amazing grace
Learning, Integrity, Dignity, Love, Confidence.**

Learning together, as we journey with God in Love, we act with Integrity, treat others with Dignity and grow in Confidence.

May 2026

Dear **Year 6** Parents and Carers,

As we draw to the end of the academic year, Year 6 will be finishing off their RHE topic about Changing Me. This topic revises work covered in the Science curriculum that we studied in Year 5 term on the Human Life Cycle from birth to death and details the following aspects:

- reproduction in plants and animals
- puberty
- parts of the body (organs)
- how a human baby is conceived
- gestation periods
- birth

We will look again at how the body develops, preparing the children for changes as they grow, drawing on the knowledge of the human life cycle. This knowledge is tied into our 'Relationships and Health Education' curriculum which requires us to discuss key facts about puberty, including the changing adolescent body, menstruation and conception.

This learning involves developing an understanding of changes for both male and females, reassurance and exploring feelings and how to look after yourself. This involves the use of scientific diagrams of male and female reproductive organs.

During this unit, children will also revise how conception happens in a scientific and factual way, based on their learning from Year 5.

All of the content will be scientific and in lessons, any discussion will remain strictly within the limits of the curriculum content stated above. Any questions children have that are not related to those objectives will be referred back to parents.

If you have any further questions about this, please contact your child's class teacher.

Yours faithfully,

Year 6 team



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