

Holy Trinity Church of England Junior School

Bute Road, Wallington, Surrey, SM6 8BZ

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www.holytrinityjuniorwallington.com

Headteacher: Mrs S Gruffydd



Exemplary education for all, through God's amazing grace

Learning, Integrity, Dignity, Love, Confidence.

Learning together, as we journey with God in **Love**, we act with **Integrity**, treat others with **Dignity** and grow in **Confidence**.

May 2026

Dear **Year 4** Parents and Carers,

In Summer 2, Year 4 will be moving onto the RHE topic 'Changing me'. This topic covers

- To know how the male and female changes at puberty (including physical and emotional changes)
- To know the different internal and external reproduction parts of the body
- To know about personal hygiene

We look at how the body develops, preparing the children for changes as they grow, and drawing on the knowledge of the human life cycle. This scientific knowledge is tied into our 'Relationships and Health Education' (RHE) curriculum which requires us to discuss key facts about puberty, including the changing adolescent body.

This learning involves developing an understanding of changes for both male and females, reassurance and exploring feelings and how to look after yourself as you grow. This involves the use of scientific diagrams of male and female reproductive organs and the correct terminology for the parts shown, which is all age appropriate.

During this unit, children will have learnt about how conception happens in a scientific and factual way.

All of the content will be scientific and in lessons, any discussion will remain strictly within the limits of the curriculum content stated above. Any questions children have that are not related to those objectives will be referred back to parents.

If you have any further questions about this, please contact your child's class teacher.

Yours faithfully,

Year 4 team



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